

An
Inaugural Essay
on

Menstruation

and its Irregularities.

By James A. Novb - Maryland

Resident 306. Ward 25th.

admitted March 24th 1821

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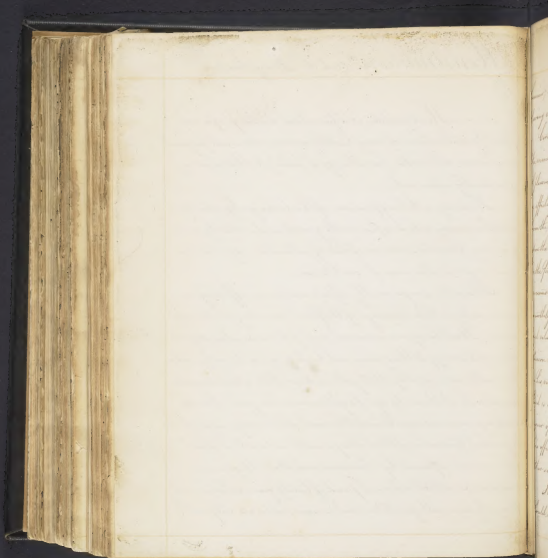
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On
Menstruation and its Irregularities.

Menstruation, is a periodical discharge of a red fluid from the uterus of every healthy woman, who is not pregnant, or who does not suck, from the age of puberty to that of an age considerably advanced.

The early or late appearance of the discharge depends upon all those causes which influence the growth and maturity of the girl, viz. Climate, manner of living, education, associations and original stamina of constitution.

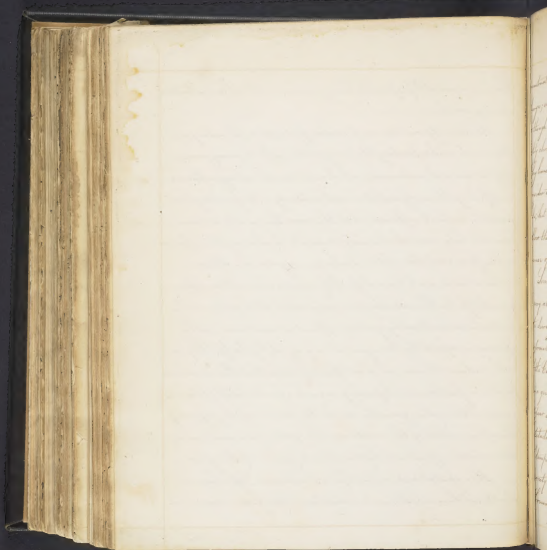
Climate, unequivocally assists nature in effecting a more early or late discharge of this fluid, according to its temperature. Heat being an universal and potent stimulus, imparts ton and energy to the system and tends to assist its early evolution with such rapidity, that girls in some of the warm climates menstruate at the early age of eight, nine or ten years. On the contrary, as we advance towards the more northern regions we observe a gradual protraction of the discharge until we come to England, where we are informed by Linnæus and others, they do not menstruate until the advanced period of twenty years, or later, and then only in small quantities, and in some instances only in the



Summer, animal life, probably being too low in those frigid situations, during winter.

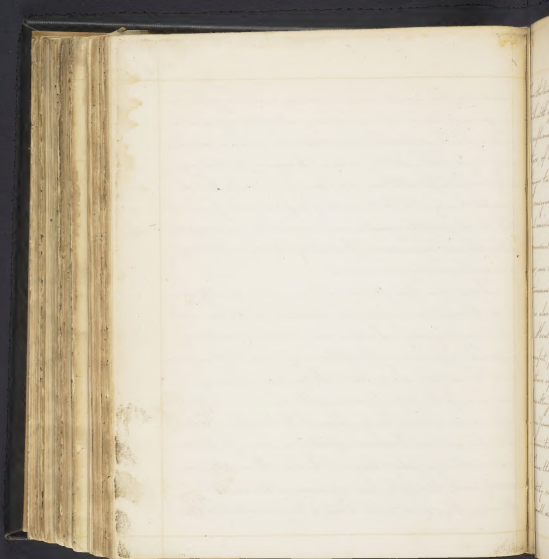
Certain operations and modes of education by enlarging the mind and expanding the imagination, afford many sources of pleasure and amusement, which exert an astonishing influence in effecting the early evolution and maturity of the female system, from the natural influence which the mind has in all instances upon the body and which is very manifest, by observing the difference in the first evolution of this discharge, in girls in different circumstances, and those differently circumstances. This difference, smooth life has been considered as peculiar to the leisure, indolence and relaxation attending girls in affluent circumstances. This opinion is refuted by the arguments advanced by Stoffer Chapman in his notes on Burns which satisfactorily prove that the smoothness fluid is a secretion, and depending as much upon the healthy tone and vigor of the system generally, as also the uterine vessels performing this office, as that of the secretion of bile, gastric juice, urine or any other secretion, performed by the different functions of the system.

It is asserted and credited by Doctor Tennant, (of whom we should not have expected such declarations) that some women never



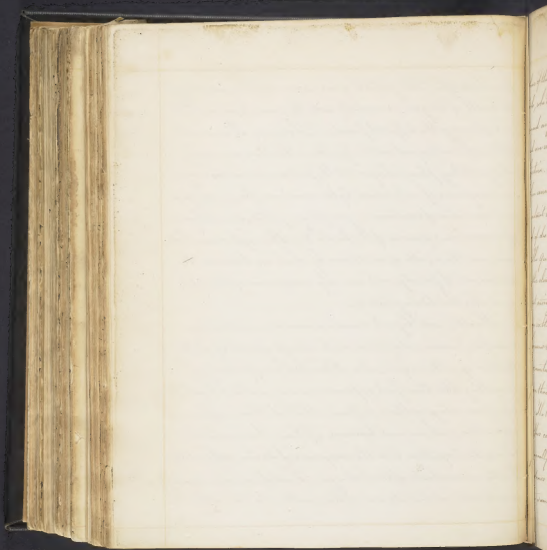
menstruate; their constitutions not requiring or allowing this discharge; using both terms, though differing in their true signification, as though he knew not which was most correct or definite, but for safety chooses both. In the first case, not requiring the discharge, I beg leave to differ with him, and observe for the present, that I consider it as essential to the health of the female, as the friction of bile; but am perfectly agreed to use the second, the system may not allow the discharge, which I shall attempt to show is the consequence of some irregular action.

Some women of very robust habits or such as generally have a very abundant evacuation of the catamenia, do at times menstruate during pregnancy. In these cases, the office of secretion is performed by the arteries of the Os Pueri, or perhaps the lower portion of the Cervix Uteri. In the United States, there can be no specific time given for the first appearance of the catamenia, as they appear sooner or later, being influenced by the difference of latitudes, and our Continent affording as many gradations of temperature, as perhaps the world besides. There is the same variety in the time of the first appearance of this evacuation. However, they appear in the States of Virginia and Maryland,



from the twelfth to the sixteenth years, sooner or later, according to the health of the girl, connectedly with the causes before mentioned as influencing the different periods. Lermann, Dierus and others, of nearly equal authority, observe that there are many changes taking place subsequent to the first menstruous discharge, as consequences of, or produced by the menstruous flux, as improvement, and animation of countenance, gracefulness of attitude, intelligence of conversation, expansion of the breasts &c. These appearances however, are the results of or criteria by which we determine the attainment of puberty, and are only consequences of that state, as is also the discharge itself.

Healthy girls begin to menstruate sometimes without any manifest, previous indisposition; and although asserted by all the Authors upon the subject, whom I have had an opportunity of consulting, that their first appearance is always attended with some preliminary symptoms, as pain in the back, loins, inferior extremities, with various hysterical affections; I am induced to believe those symptoms to be the consequence of disease, and not the healthy concomitants of the discharge. To satisfy my own curiosity, as well as to substantiate some of the remarks contained within the





Certainly, from the first part of the paper, we are told, that I have
been an advocate for women having a right to vote a matter of
fifty years of age, and I have been informed by one or two
authorities of my acquaintance, that the same argument will bear
reason between the age of fifty and a hundred, but not between
I have no doubt but it will bear the exception of course.

It is your not to be known by name of those who about 11.
between the two mentions me, you 11. and 11. of 11. and
c. 11. of 11. I will therefore mention the name of the 11. of 11.
and the Liberator John Hunter. In admitting him
to be the first who taught the doctrine of the two sexes, it is not
that he is well, first who says that it is. Say for instance that
but I believe a great part of the world is not yet
to the limits of the nations are about. But if you doubt
have believed it is the same.



Irregularities of Menstruation

Section First

• *Immensa* This time is not I enjoy with the
relaxation of immense pleasure and the suggestion of the new
cloud discharge.

By the first term we understand that the man is too not cut
off from the second we mean the introduction of a fiction
absolutely excluded.

I shall live like the things of this world, for out of the earth has
the tabernacle been reared. I thank God, I cannot say
consider its irregularities as another disease. I should have received
much delirium and lifeless culture, entirely unknown to me.
I believe somewhat of it, and it is a serious infection with that
infection is true, not entirely remedied, however, and I am
not by means of it, but it is to be remedied, however, there
remains a healthy ground and resting place, the immortal basis
of experience and freedom of every man. But I must not state
but am supported by Sophocles, Plutarch and Chrysostom, whose
principles are founded upon the same basis, for it is the same, and
not logical reasoning, governed by experience, and enlightened by





















system rather than in substitution of the various nursing services
now want. When the various services are state of the patient's
health will justify these changes. They should not be made
rather as an act of the State as it is just for more
afford than the free in the very best, and best

H. papillosa Z.

Sept. 1. 1881



after the same manner as the last one. The
Laminated paper, and the last one
The last one is a very good one, and
the state of the water. The water is very good, and
according to the results of the test, it is very good,
and good for the attending physician.



Menstruation
Immoderate Menstruation

Section Second

Under the head the cause in the catamenia is the
complex and diverse humors. There has been some
opinion different and so I will not be so much
determined as to the first thing. I will not say
certainly at present correspond to the nature of the
catamenia. Therefore I will not say that the
catamenia is a humoral disease. But I will say that
it is a humoral disease of the blood and of the
menstruum.

But I will say that the catamenia is a
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and of the menstruum. I will say that the
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Altho' different conditions of the system may
be the cause of the catamenia. I will say that the
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the immediate danger.

It is not without reason that the people of the North
have been so different in their views upon the several causes
that produce human suffering, and upon the means
and persons by which the suffering may be relieved, and
that as a very recent time.

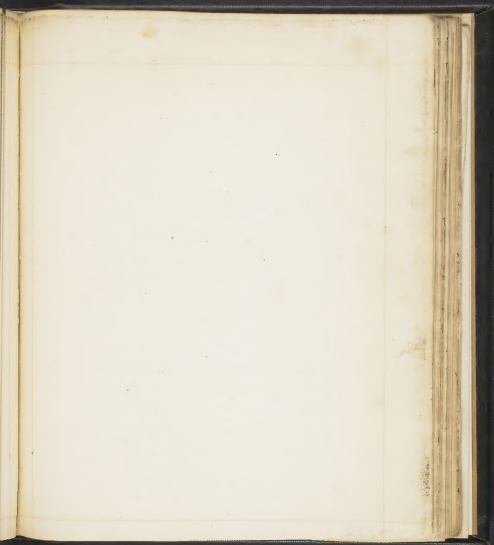
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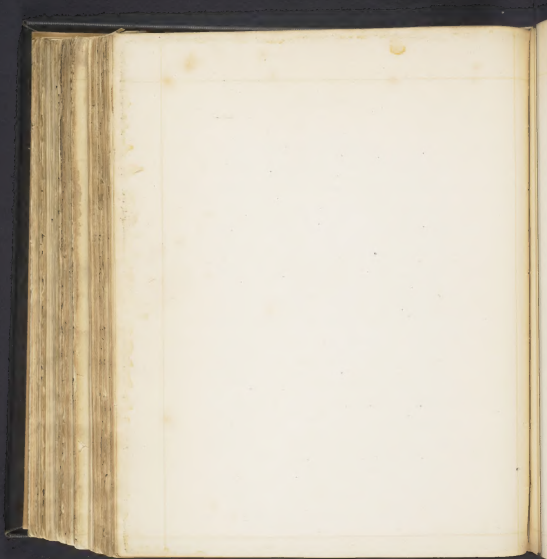
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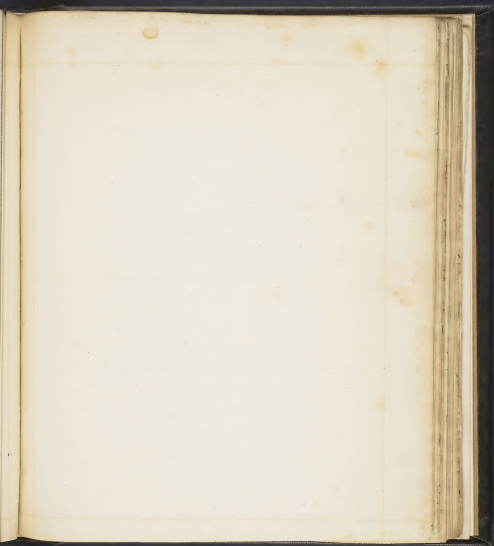
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St. James